

Honouring the Divine Feminine:

a mother's day sound bath

Join us for a Mother's day sound bath, honouring the divine feminine. A sound bath is an immersive wellness experience where a state of deep relaxation and regeneration is reached using ambient sounds through specialized instruments such as singing bowls, chimes, drums and modern mantra. Multidisciplinary Healer **Rebecca Manankil** will guide you through a meditative introspection journey where you can connect to your inner self through rest and stillness.

about Rebecca:

Rebecca is a multidisciplinary healer based in Toronto. As a creatrix of healing energy, she specializes in sound as medicine, Human Design, sacred movement and cartomancy.

All guests will be gifted an Athleta Shop Card alongside swag bags from Kiehl's Skincare. Stay and enjoy a private shopping experience & refreshments c/o Greenhouse Juice and Viv Eau.

Enter a draw for a chance to win a Gift box from Kiehl's Skincare.

Date: Sunday, May 8th, 2022

Time: 10:00 am- 11:00am

Location: Athleta store at Yorkdale mall.

*See associate to RSVP



Register here



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